

Joyful

Luminous

Sorrowful

Glorious

Remember the Rosary

WORKSHOP
2020

www.RememberTheRosary.com



Joyful

Luminous

Sorrowful

Glorious

Agenda

- ❖ Brief history of the Holy Rosary
- ❖ Prayer (ACTS or PACT)
 - † Intentions, resolutions, thanks, statements
- ❖ Meditations – The Life Of Jesus Christ
- ❖ Review Rosary Structure: The Prayers
- ❖ Review Mysteries: Joyful – as a group
Luminous, Sorrowful, Glorious – in breakout sessions, and re-group to share thoughts
- ❖ Call to Action ~ look for opportunities



Joyful

Luminous

Sorrowful

Glorious

The Holy Rosary

- ❖ Given to St. Dominic 800 years ago to counter a common practice of merely repeating prayers.
- ❖ Referred to as “the Peoples Bible” because the Bible wasn’t yet widely available to the public. This system covers main points of Christ’s life in an easy and memorable way.
- ❖ Has been credited with winning battles.
- ❖ Consists of prayers along with stories from the life of Jesus. Effective, traditional teaching tool.



3

Joyful

Luminous

Sorrowful

Glorious

Prayer

- ❖ Opens conversation with God
- ❖ Attitude ~ approach to praying
 - † Adoration, Contrition, Thanks, Supplication
 - † Petition, Adoration, Contrition, Thanks
- ❖ Intentions: Personal & General
- ❖ Resolutions, Thanks, I desire statements
- ❖ The mysteries ~ Bible study
- ❖ The spoken prayers



4

Joyful

Luminous

Sorrowful

Glorious

Meditating on the Mysteries Overview

Imitate the life of Jesus

- ❖ Joyful
- ❖ Luminous
- ❖ Sorrowful
- ❖ Glorious



5

Joyful

Luminous

Sorrowful

Glorious

The Sign of the Cross

† In the name of the Father and of the Son and of the Holy Spirit

☒ ...What do you think of when you cross yourself?

■ The Trinity? Our Lord's sacrifice?



6

Joyful

Luminous

Sorrowful

Glorious

The Apostles' Creed

† I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His Only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



7

Joyful

Luminous

Sorrowful

Glorious

The Lord's Prayer

† Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.



8

Joyful

Luminous

Sorrowful

Glorious

Hail Mary

† Hail, Mary, full of grace! The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



9

Joyful

Luminous

Sorrowful

Glorious

Glory Be

† Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be, world without end. Amen.



10

Joyful

Luminous

Sorrowful

Glorious

The Fatima Prayer

† O my Jesus, forgive us our sins; save us from the fires of hell. Lead all souls to heaven, especially those in most need of Thy Mercy.



11

Joyful

Luminous

Sorrowful

Glorious

Concluding Prayers

Hail Holy Queen

† Hail Holy Queen, Mother of mercy, hail, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale (valley) of tears. Turn then, most gracious advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O pious, O sweet Virgin Mary,

† V. Queen of the most Holy Rosary, pray for us:

† R. That we may be made worthy of the promises of Christ.



12

Joyful

Luminous

Sorrowful

Glorious

Concluding Prayers

The Holy Rosary Prayer

† Let us Pray. O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant *we beseech Thee, that meditating upon these mysteries of the Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain*, and obtain what they promise, through the same Christ, our Lord. Amen.



13

Joyful

Luminous

Sorrowful

Glorious

The Joyful Mysteries

The Annunciation

The Visitation

The Nativity

The Presentation

Finding Jesus in the Temple



14

Joyful

Luminous

Sorrowful

Glorious

First Joyful Mystery

Luke 1:26-28

The Annunciation – The Angel Gabriel announces to the Virgin Mary that God wishes her to become the Mother of His Son. Mary obeys with humility and joy.

Resolution – I desire the love of humility. I will be humble and courteous toward all.

Thanks – Thank you, Mary, for your obedience and for freely accepting God’s will.



15

Joyful

Luminous

Sorrowful

Glorious

Second Joyful Mystery

Lk 1:39-45

The Visitation – Mary visits St. Elizabeth, who is to be the mother of St. John the Baptist. She remains and assists Elizabeth lovingly for three months.

Resolution – I desire charity (love) toward my neighbor. I will help my neighbor in need.

Thanks – Thank you, Father, for the strength we are able to draw from Mary’s example.



16

Joyful

Luminous

Sorrowful

Glorious

Third Joyful Mystery

Lk 2:1-20

The Nativity – Jesus Christ, the Son of God, is born in a stable. His Mother places Him in a manger. He is visited by the Shepherds and Wise Men.

Resolution – I desire the love of God. Christ became man; I will become Christ-like.

Thanks – Thank you, Mary, for helping Christ become man and me become Christ-like.



17

Joyful

Luminous

Sorrowful

Glorious

Fourth Joyful Mystery

Lk 2:21-40

The Presentation – In obedience to the law of Moses, Mary and Joseph take the infant Jesus to the Temple at Jerusalem to present Him to His Heavenly Father.

Resolution – I desire a spirit of joy found in trusting God and in obedience to His will. I desire a spirit of sacrifice. I will obey the laws of God and His Church as Jesus, Mary and Joseph did.

Thanks – I am grateful for the free will you've given me, God, and joyfully obey you.



18

Joyful

Luminous

Sorrowful

Glorious

Fifth Joyful Mystery

Lk 2:41-52

Finding in the Temple – Having lost Jesus, Mary and Joseph seek Him. After three days they find Him in the Temple talking with the learned men.

Resolution – I desire trust in the sure knowledge that we are safe within the will of God. I will fulfill my daily duties.

Thanks – Thank you, Father, for providing me with opportunities to grow and to help others grow in the knowledge of your love.



19

Joyful

Luminous

Sorrowful

Glorious

The Luminous Mysteries

The Baptism of Jesus in the Jordan

The Wedding at Cana

Proclaiming the Kingdom

The Transfiguration

The Institution of the Eucharist



20

Joyful

Luminous

Sacramental

Glorious

First Luminous Mystery

Matthew 3:13-17; 2Cor 5:21

The Baptism of Jesus in the Jordan – As Christ descends into the waters, the innocent one who became “sin” for our sake, the heavens opened wide and the voice of the Father declares Him the beloved Son, while the Spirit descends on Him to invest Him with the mission which He is to carry out.

Resolution – I desire always to be an obedient child of God. I accept the Holy Spirit in my life.

Thanks – Thank you, Father, for providing me with your Son as my example and the Holy Spirit as my guide.



21

Joyful

Luminous

Sacramental

Glorious

Second Luminous Mystery

John 2:1-11

The Wedding Feast at Cana – The second mystery of light is the first of the signs, given at Cana, in which Christ changes water into wine and opens the hearts of the disciples to faith, thanks to the intervention of Mary, the first among believers.

Resolution – I desire always to obey the words of Mary at Cana “Do whatever he tells you.” I resolve to listen to Jesus.

Thanks – Thank you, Mary, for your direction.



22

Joyful

Luminous

Sacramental

Glorious

Third Luminous Mystery

Mark 1:14-15, 10:7-8; Lk 7:36-50; Mk 2:3-13; Jn 20:19-23 Is 8:23-9:3

Proclaiming the Kingdom – Jesus proclaims the coming of the Kingdom of God, calls us to conversion and forgives the sins of all who draw near to Him in humble trust. It begins the ministry of mercy which He continues to the end of the world, particularly through the Sacrament of Reconciliation which He has entrusted to His Church.

Resolution – Jesus, I trust in You. I resolve to protect and increase my faith. I desire zeal for the glory of God.

Thanks – Thank you, Father, for providing us with the Sacrament of Reconciliation.



23

Joyful

Luminous

Sorrowful

Glorious

Fourth Luminous Mystery

Lk 9:28-35

The Transfiguration – Believed to have taken place on Mount Tabor, the glory of God shines forth from the face of Christ as the Father commanded the astonished Apostles to 'listen to Him' and to prepare to experience with Him the agony of the Passion, so as to come with Him to the joy of the Resurrection and a life transfigured by the Holy Spirit.

Resolution – Jesus, I resolve to listen to You, always! I desire a life transfigured by the Holy Spirit

Thanks – Holy Trinity, thank you for the revelations you provide, as they give us hope.



24

Joyful

Luminous

Sorrowful

Glorious

Fifth Luminous Mystery

Lk 22:19-20, Jn 13:1-38; Mk 14:22-25

The Institution of the Eucharist – Christ offers His body and blood as food under the signs of bread and wine, and testifies "to the end" of His love for humanity, for whose salvation he will offer Himself in sacrifice.

Resolution – I resolve to reach holiness. Lord, draw me as often as You will to Holy Communion. I desire to remove from my heart all that is displeasing to You.

Thanks – Father, thank you for giving us this divine assistance. May this remain with us always.



25

Joyful

Luminous

Sorrowful

Glorious

The Sorrowful Mysteries

The Agony in the Garden

The Scouring at the Pillar

The Crowning with Thorns

Carrying the Cross

The Crucifixion



26

Joyful

Luminous

Sorrowful

Glorious

First Sorrowful Mystery

Mt 26:36-44, 3:16-17

The Agony in the Garden – Jesus prays in the Garden of Olives. The thought of His coming sufferings and of our sins causes him to sweat blood.

Resolution – I desire true repentance for my sins. I desire a deeper understanding of these mysteries that I may better imitate Christ. My Jesus, I will pray with all my heart.

Thanks – Thank you, God, for the trials that bring me to my knees in prayer as they bring me closer to you.



27

Joyful

Luminous

Sorrowful

Glorious

Second Sorrowful Mystery

Mt 27:24-26; Jn 19:1

The Scourging at the Pillar – Our Lord Jesus Christ is stripped, bound to a pillar and cruelly scourged until His innocent body is covered with wounds and blood.

Resolution – I desire a spirit of mortification. My Jesus, I will keep my body pure.

Thanks – Thank you, Father, for freeing us with your divine justice.



28

Joyful

Luminous

Sorrowful

Glorious

Third Sorrowful Mystery

Mt 27:27-31

The Crowning with Thorns – A crown of thorns is pressed into the head of Jesus. His eyes are filled with tears and blood. His executioners mock and spit on Him.

Resolution – I desire moral courage. My Jesus, I will banish unclean thoughts.

Thanks – My Jesus, thank you for enduring for the sake of my soul.



29

Joyful

Lamentous

Sorrowful

Glorious

Fourth Sorrowful Mystery

Mt 27:32-33; Lk 23: 26-32; Jn 19:17

The Carrying of the Cross – Weighed down by the cross, Jesus patiently walks the road to Calvary. Mary makes the stations of the cross with her dying son.

Resolution – I desire the virtue of patience. My Jesus, I will bear my cross patiently.

Thanks – Thank you, Father, for providing us with comforters as we bear our crosses.



30

Joyful

Lamentous

Sorrowful

Glorious

Fifth Sorrowful Mystery

Mt 27:33-54; Lk 23:33-43, 46

The Crucifixion – Fastened to the cross by nails, Jesus, after three hours of agony, dies in the presence of His mother.

Resolution – I desire the grace of final perseverance. I accept the death God has prepared for me with all the pains that may accompany it.

Thanks – Thank you, Jesus, for purchasing for us the reward of eternal life.



31

Joyful

Lamentous

Sorrowful

Glorious

The Glorious Mysteries

The Resurrection

The Ascension

The Decent of the Holy Ghost

The Assumption

The Crowning of Mary



32

Joyful

Luminous

Serene

Glorious

First Glorious Mystery

Mk 16:1-20; Mt 28:1-10

The Resurrection – Jesus rises from the dead, glorious and immortal on Easter Sunday. He conquers death and opens the gates of heaven.

Resolution – I desire a strong faith. I will live with Christ, so that I may rise with Him.

Thanks – Although I may not understand the enormity of Your plan for me, thank you Father for providing me with my role.



33

Joyful

Luminous

Serene

Glorious

Second Glorious Mystery

Lk 1:26-28

The Ascension – Forty days after His resurrection, Jesus ascends, in the presence of His mother and disciples, into heaven.

Resolution – I desire the virtue of hope. I will follow the example of Christ on earth because I hope to be with Him in heaven.

Thanks – Thank you, God, for perfect healing in the name of your Son and our Savior, Jesus Christ.



34

Joyful

Luminous

Serene

Glorious

Third Glorious Mystery

Acts 2:1-13; Mt 28:18-20, Eph 1:4

The Descent of the Holy Ghost – Ten days after the Ascension, the Holy Ghost descends in tongues of fire upon Mary and the disciples.

Resolution – I desire zeal for the Glory of God. I will love God and my neighbor.

Thanks – Thank you, Father, for the gifts of the Holy Spirit.



35

Joyful

Luminous

Sorrowful

Glorious

Fourth Glorious Mystery

Rev 12; Lk 1:44-49; Judith 15:9-10

The Assumption – The Apostles go to the tomb where they had put the body of the mother of God. They find that the angels had borne their Queen to heaven.

Resolution – I desire the grace of a holy death. I will praise Mary through the Rosary.

Thanks – Thank you, Father, for showing us your perfect example of promises kept – Mary.



36

Joyful

Luminous

Sorrowful

Glorious

Fifth Glorious Mystery

Rev 12:1-18

The Crowning of Mary – The Mother of God, to the joy of all the angels and saints, is crowned Queen of Heaven by her divine Son.

Resolution – I desire a greater love for the Blessed Virgin Mary. I will love Mary as my Queen and Mother.

Thanks – Thank you, Mary, for providing us with your glorious example.



37

Joyful

Luminous

Sorrowful

Glorious

Opportunities

❖ Call to Action

- † Bible Study: Take 1 hour to review verses to improve understanding of mysteries
- † Check Parish for opportunities to pray with groups

❖ Ways to Pray

- † Novena, 54 Day Novena
- † Chaplets and prayers to specific saints
- † The Living Rosary for Groups
- † Family Rosary
- † First Saturday Devotion



38

Joyful

Luminous

Sorrowful

Glorious

15 Promises Made by the Blessed Virgin to St. Dominic and Blessed Alan

- ❖ **1.** To all those who recite my Rosary devoutly, I promise my special protection and very great graces. **2.** Those who will persevere in the recitation of my Rosary shall receive some signal grace. **3.** The Rosary shall be a very powerful armor against hell; it shall destroy vice, deliver from sin, and shall dispel heresy. **4.** The Rosary shall make virtue and good works flourish and shall obtain for souls the most abundant divine mercies; it shall substitute in hearts love of God for love of the world, elevate them to desire heavenly and eternal goods. Oh, that souls would sanctify themselves by this means! **5.** Those who trust themselves to me through the Rosary, shall not perish. **6.** Those who will recite my Rosary piously, considering its Mysteries, shall not be overwhelmed by misfortune nor die a bad death. The sinner shall be converted, the just shall grow in grace and become worthy of eternal life. **7.** Those truly devoted to my Rosary shall not die without the consolations of the Church or without Grace. **8.** Those who will recite my Rosary shall find during their life and at their death the light of God, the fullness of His grace and shall share in the merits of the blessed. **9.** I will deliver very promptly from purgatory the souls devoted to my Rosary. **10.** The true children of my Rosary shall enjoy great glory in heaven. **11.** What you ask through my Rosary, you shall obtain. **12.** Those who propagate my Rosary shall obtain through me aid in all their necessities. **13.** I have obtained from my son that all the conferees of the Rosary shall have for their brethren in life and death, the saints of heaven. **14.** Those who recite my Rosary faithfully are all my beloved children, the brothers and sisters of Jesus Christ. **15.** Devotion to my Rosary is a special sign of predestination.

